

Lung Cancer in Nevada - 2018

Lung cancer is the leading cause of cancer death among men and women in Nevada.

2,090

estimated new cases in Nevada this year

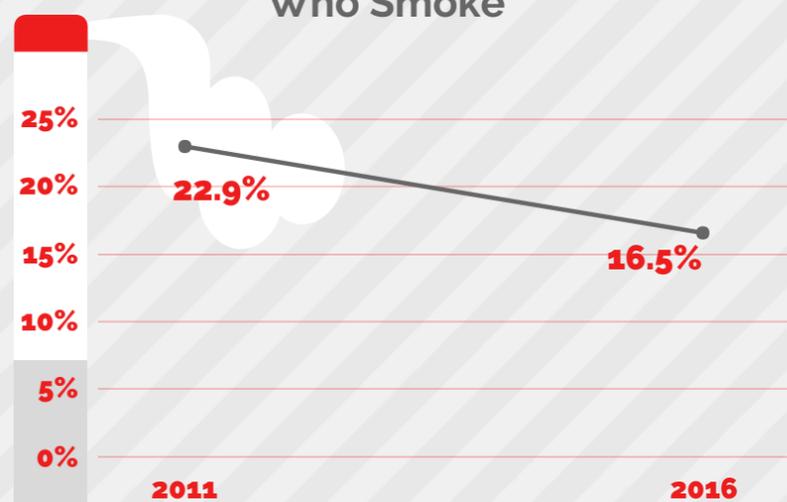
1,380

estimated deaths in Nevada this year

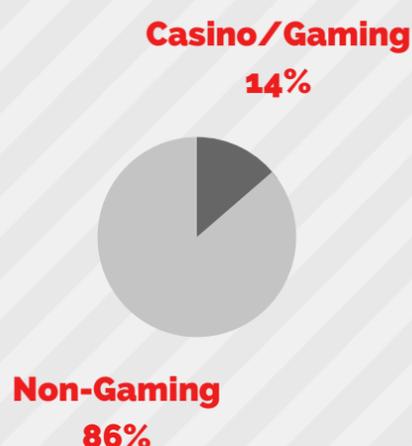
The leading cause of lung cancer is avoidable.

Smoking causes about 90% of lung cancer cases, either through smoking directly or through exposure to secondhand smoke.

Percent of Nevada Adults Who Smoke



185,900 Nevada Workers Exposed to Secondhand Smoke in Casinos

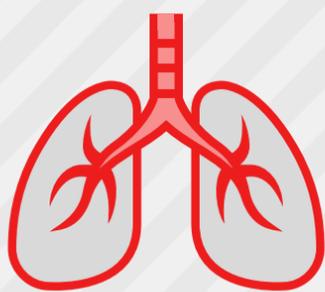


We need to eliminate it.

The Nevada Tobacco Quitline helps people quit using tobacco with free coaching by phone, email, text or instant message, nicotine replacement therapy, and planning and education materials. Call **1-800-QUIT-NOW** for enrollment and referral information.



Screening Is Recommended for Lifetime Smokers



Annual screening with low-dose CT should be performed in adults ages 55 to 80 years who have a 30 pack-year smoking history and currently smoke, or have quit within the past 15 years. Screening can stop once a person has not smoked for 15 years or has limited life expectancy.

30 pack-year = 1 pack/day for 30 years

Other Risk Factors

- Radon exposure contributes to about 20,000 cases of lung cancer annually in the U.S. Radon is a naturally occurring gas that cannot be seen, tasted, or smelled. Simple test kits can indicate whether radon exceeds acceptable levels in homes and workplaces. Visit www.RadonNV.com for a kit.
- Substances found at some workplaces, such as asbestos, arsenic, or diesel exhaust, can increase risk of lung cancer, especially for those who smoke.
- A personal or family history of lung cancer may increase risk.
- Cancer survivors who had radiation therapy to the chest are at a higher risk.



Data Sources: American Cancer Society Cancer Facts & Figures, 2018; Behavioral Risk Factor Surveillance System, 2016; Nevada Department of Employment, Training and Rehabilitation November Labor Market Press Release, Dec. 30, 2017.

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