

Cancer Survivor Physical Activity Research Study

Are you a cancer survivor looking to maintain a physical activity routine?

The goal of this study is to examine the effects of a physical activity maintenance intervention on physical activity levels after completing a community-based exercise oncology program.

You may be eligible if:

- ✓ You have been diagnosed with any type of cancer.
- ✓ You have completed primary cancer treatment within the past 5 years.
- You are not currently exercising regularly.

3 Easy Steps to Participate



Step 1: Register your interest on the study website <u>here</u>.

Step 2: Complete the eligibility screening questionnaire that will be sent to the email address that you registered with.

Step 3: <u>If you are eligible</u>, you will be contacted by the study coordinator with next steps.

Scan the QR Code to Enroll





CSU IRB Protocol #4973