

Colon Cancer Screening Choices

Colonoscopy	FIT
Benefits	
<ol style="list-style-type: none">1. Can remove polyps to prevent cancer.2. Can find cancer earlier, when it's easier to treat and cure.3. If the exam is normal and your cancer risk is average, you only need one every 10 years.	<ol style="list-style-type: none">1. A low-cost, no-risk stool test you can do at home.2. Finds 70-80% of cancers.3. A good choice if you can't have a colonoscopy.
Things to Think About	
<ol style="list-style-type: none">1. You need to use laxatives to clean your bowels and have IV sedation during the exam.2. You need to take a day off work and have a driver take you home.3. Most insurance plans will pay for this test, but if you don't have insurance it can be expensive.	<ol style="list-style-type: none">1. If your FIT result is not normal you will need a follow-up colonoscopy.2. A FIT exam must be done every year to work as good as colonoscopy.
The Bottom Line	
<p>Colon cancer is the #2 cancer killer among men and women combined. But, with regular testing using colonoscopy or FIT you can find colon cancer earlier and greatly improve your chance of survival.</p>	

