

Colorectal Cancer in Nevada - 2019

Colorectal cancer is the 2nd leading cancer killer, but it doesn't have to be.

1,340

estimated new cases in Nevada this year

540

estimated deaths in Nevada this year

Screening for Colorectal Cancer

The best test is the one that gets done.

Men and women 50 or older should be screened for colorectal cancer. There are two options when it comes to screening:

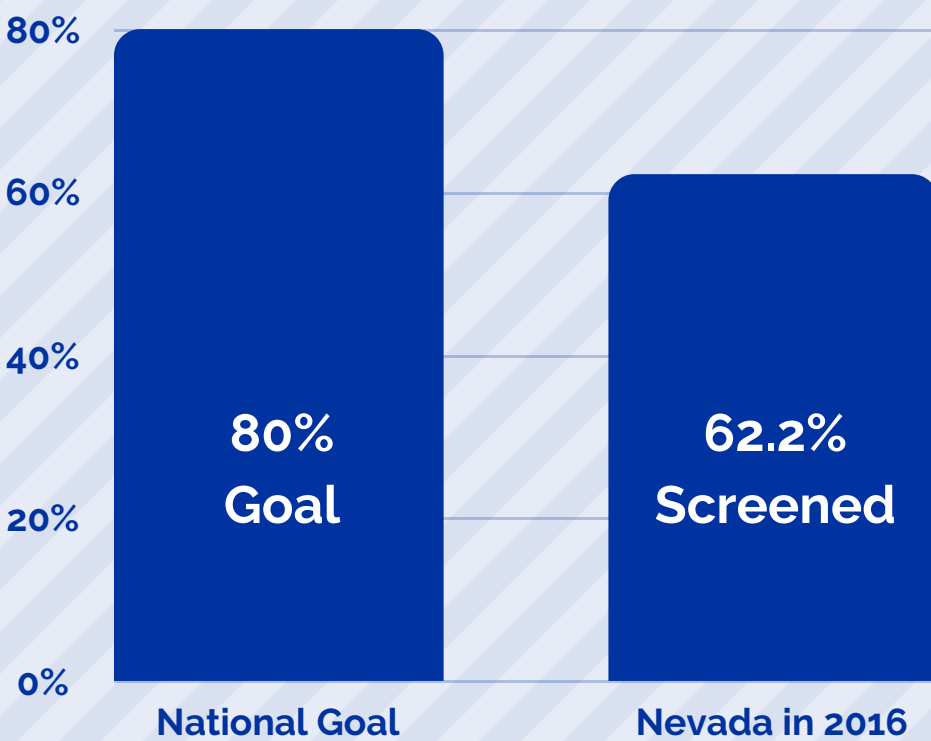
FIT Test Every Year

- Low-cost, no-risk stool test that can be completed at home.
- Finds 70 - 80% of cancers.
- Must be done every year to be effective.



Colonoscopy Every 10 Years

- Can find cancer earlier, when it's easier to treat.
- Can remove polyps to prevent cancer.



Despite increasing the number of adults aged 50 and older who are up to date with colon cancer screening, Nevada still falls far below the national goal.

We need to do better.

Nevada's Colorectal Cancer Control Program provides free colon cancer screening to low-income Nevadans aged 50 to 64 who are uninsured or under-insured. Call 844-469-4934 for more information.



Risk Factors to Discuss with Your Provider

- Aging. Colon cancer is much more common for people over 50 years old.
- A personal or family history of colon cancer or colorectal polyps.
- Inflammatory bowel disease, such as Crohn's disease or ulcerative colitis.
- A genetic syndrome, such as Lynch Syndrome.
- Lack of regular physical activity, or being overweight or obese.
- A diet low in fruits and vegetables, or low in fiber and high in fat.
- Alcohol consumption or tobacco use.



Data Sources: American Cancer Society Cancer Facts & Figures, 2019; Behavioral Risk Factor Surveillance System, 2016; Centers for Disease Control & Prevention.

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